



*Association for the assumption of responsibility
and the reduction of infectious risks*

MAIN MODES OF HIV TRANSMISSION

SEX:

Unsafe sexual practices (without male or female condoms, gel...)

Just a single relation with an infected person may be sufficient to contaminate the partner, although encounters are not systematic.

Due to biological factors, women are more likely to be infected in case of an unsafe sexual encounter.

Sexual relations mouth / masculine organs (fellatio) or feminine organs (cunnilingus) without protection (without male condom or dental dam)

The risks are lower in this case.

However, the HIV may enter through the mouth, particularly if there are any small injuries (aphtas, gum irritation).

Non-protected erotic accessories (dildos and others)

It is advisable to cover the object with a condom each time it is used so that it cannot transmit the virus. It is highly recommended to keep the materials for personal use and not to lend them to others.

BLOOD:

Drug intravenous injections with non-sterile materials when these materials are shared with other people.

It is a primary mode of HIV transmission.

Acupuncture, tattoos, piercing avec non-sterile materials re-used with different people consecutively.

Sharing of personal hygiene objects (tooth-brush, razor, etc.)

MOTHER TO CHILD:

Pregnancy, birth and breastfeeding when the mother is infected with the virus.

There are risks of transmission of the virus to the child, but they are strongly reduced if the mother undergoes treatment during the period of birth.

ZERO RISK:

Saliva, tears, sweat, and so on.

There is no risk of transmission at all when kissing, touching, or drinking from the same glass as a person infected with the virus.